

We ♥ our Barrio

Real places. Real Spanish. Right here in our barrio.

At BLC Spain, we welcome students from around the world who want more than what they learn in the classroom. You come here to study, but you also come to build a life that blends academic achievement with everyday experiences in the heart of Madrid.



That life starts in our neighbourhood. The cafés where you meet friends after class. The market where you shop for fresh produce. The small businesses where you practise your Spanish and feel part of something bigger.

We Our Barrio is a selection of local spots in Barrio Salamanca, near Manuel Becerra, Lista and Diego de León. These are the places our students go to eat, shop, exercise and unwind. They are not tourist attractions, but they are an authentic part of Madrid life and supporting them helps you connect with the city on a deeper level.

Living here means engaging with your surroundings, choosing sustainable options and investing in the people who make Madrid unique. By visiting these businesses, you are doing more than enjoying a meal or buying coffee. You are building relationships and integrating into the community.

Whether you are here for your bachelor's degree, master's degree or a short-term programme, this guide will help you live with purpose and experience Madrid in the most authentic way possible.

Study in Spain. Live locally. Love your barrio.

We **O**ur Barrio.



Eat & Drink Like a Local

<u>La Cazorla</u> – Traditional Spanish cuisine with heart. Ideal for a quick *caña* (small beer) in between classes.

<u>Entre Cáceres y Badajoz</u> – Local favorite for authentic Extremaduran food at wallet-friendly prices. They are the masters of *tapas* - you'll never leave this place hungry!

<u>Taberna del Olivo</u> – Good quality food, including seafood and rice dishes, with a great terrace that's perfect for year-round drinks and long post-lunch chats (sobremesas).

<u>Vinalium Ortega y Gasset</u> – Boutique wine shop with expert recommendations and a fantastic Rioja selection.

<u>Colonial Overseas - Tea and Coffee Shop</u> – A charming shop filled with international teas and coffees perfect for grabbing a coffee on the way to class, or buying the perfect gift for a coffee lover!

Move, Breathe, and Belong

<u>Body Fix Center</u> – A neighborhood gem for workouts, recovery, and staying fit while abroad.

<u>D'Ambra Dance Project</u> – Learn salsa, bachata, or contemporary dance in a fun and inclusive studio atmosphere.

<u>Herbolario Salud Mediterránea</u> – Everything from herbal teas to natural supplements, with knowledgeable staff to guide you.



Culture & Everyday Life

<u>TuuuLibrería</u> – A treasure trove of secondhand books where you pay what you can. This donation-based bookstore is a haven for budget readers and language learners.

<u>Mercado de la Guindalera</u> – The beating heart of the barrio. Fresh produce, friendly faces, and a slice of local life. We use this place to buy fresh ingredients for our cooking cultural activities.

Discount Tip

Some of these spots offer exclusive discounts to our community—make sure to mention you're part of the LAE Madrid community.

Learn Local. Live Local. Love Local.

Download this guide, grab a *café con leche* at your new favorite spot, and start writing your Madrid story - one local interaction at a time.

Want to know more about our courses? Contact us on info@blcspain.com.